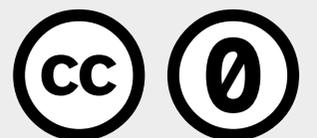
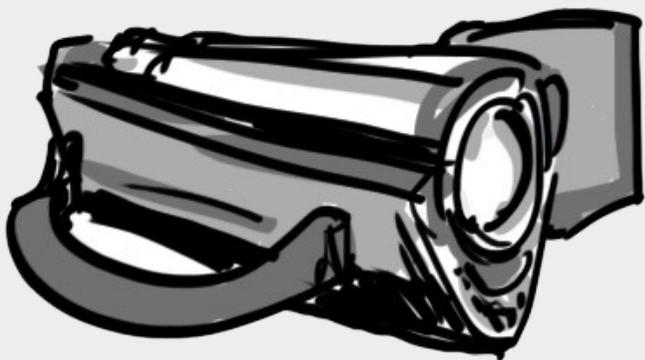


# 5 tips for filming human rights abuses in Palestine



**Prioritize your safety and the safety of others around you! If emergency responders are present, allow them to do their jobs first.**

**1**

Record the date/time/location of your footage and, if safe, who is filming

**2**

Capture wide, medium, and close-up shots of the scene as needed

**3**

Hold each shot as steady as possible for at least 10 seconds

**4**

If possible and safe, capture a 360-degree pan of the area

**5**

State the facts of what you are seeing on camera if the situation allows



**Wide**



**Medium**



**Close-up**

# Investigators, lawyers, journalists, and others viewing your footage must be able to prove the following:

## When

Date and time of the filming



## Where

Location and GPS coordinates (if possible) of the footage



## What

That what is shown on camera matches what you say is happening



## Who (if safe)

The person who captured the footage on camera



**Adding this information to your video will make it easier for others to verify the content**

**Download more guidance in Arabic:**  
**<https://wit.to/ESSINFOAR>**

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